

New Hampshire is now offering the H1N1 vaccine to everyone in the State

H1N1 FLU CLINIC'S ARE GOING TO BE HELD:

Wednesday, December 30, 2009 at the following locations:

Lyme, NH – Fire Station, High Street, Lyme, NH – 3PM-7PM Plainfield, NH – Plainfield Elementary School – 3PM-6PM Canaan, NH – Canaan Fire Station – 3PM-7PM Grantham, NH – Grantham Town Office (Community Room) – 3PM-7PM

THESE CLINICS ARE FREE AND OPEN TO EVERYONE.

The following groups are especially encouraged to receive the vaccine to protect themselves and others from serious complications from H1N1:

- Pregnant women
- People caring for or living with infants younger than 6 months (including partners of pregnant women)
- People with asthma, COPD, and other chronic conditions
- People under 25 years of age

For general information about H1N1, call NH's H1N1 Public Inquiry Line by dialing 211 or visit www.nh.gov.

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Upper Valley Public Health Planning Region