

## Fred Marple of Frost Heaves, NH travels to Plainfield NH (Plainfield Town Hall) Sunday, October 21, 2012 at 2 p.m. for his one-man show

**Fred Marple** is the unofficial spokesman for the mythical town of Frost Heaves, "the most under-appreciated town in New Hampshire." He's a one-man campaign to put Frost Heaves back on the map, since as the town's motto goes "you can't get there from here." Fred, also known as humorist and songwriter Ken Sheldon, has appeared on NH Chronicles, in the pages of New Hampshire Magazine, and in the viral Internet hit, "**Yoga for Yankees.**"

It's campaign season, and Fred has a few thoughts about the process. There are politicians who came to New Hampshire thinking they could handle our backcountry roads and were never heard from again, which may not be the worst thing.

Admission \$10 (Children under 12 free)

This is a benefit for the Plainfield Historical Society.